



2023 - 2024

**Full Year Performance Rec Teams
Info Packet**

Join our performance rec program for our full year season! We are so excited to build off of our experiences and continue to grow together!

Performance rec is a happy medium between recreational cheerleading and allstar. It's a bit less stringent than allstar but welcoming of both experienced and new cheer athletes looking to cheer competitively. We love it because it allows us to compete at a high level and show our love for cheerleading!

The following packet attempts to provide all of the relevant information in one place. If you have any further questions, please don't hesitate to email us at info@primetimecheer.com

Registration

Every interested athlete needs to be registered for Placement Day . On Placement Day we understand the athletes committing to participating in the full year season. Registration by parents/guardians is done electronically on our [registration web page](#). You will be asked to submit your athlete's birth certificate and headshot photo.

Registration Fee

\$150 - Registration fee before 05/01

\$200 - Registration fee on/after 05/01

Due: at time of registration

Registration fee must be paid prior to being placed on a team.

Age Groups

- **Senior:** 13-18 years old
- **Junior:** 9-15 years old
- **Youth:** 8-12 years old
- **Tiny:** 5-7 years old

*Please bring a copy of your athlete's birth certificate for PRIMETIME CHEER to have on file if you have not already uploaded it at registration. Athletes will not be able to compete without this on file.

Placements

Everyone makes a team!

Athletes are placed on a team at the discretion of the coaches. This is based on a variety of factors including age, ability and experience. We will try to match up the athletes by skill level to the best of our ability.

Process:

Athletes will demonstrate jumps, tumbling skills, and choreography in group settings. This is not intended to be a stressful day, and we should comfort our athletes letting them know everyone makes a team.

After placement day, parents/guardians will receive an email letting them know which team their athlete is on.

If you have not registered yet, [click here to Register now!](#)

Join Us For Placements

Placement Prep Clinic: **Saturday, May 13, 2023**

Free preparation clinic for all athletes registered for the 2023-2024 full year season! Learn & work on all skills that will be evaluated at our placement days.

Birth years: 2015-2018	9:00-11:00 am
Birth years: 2008-2014	1:00-3:00 pm

Team Placements: **2 days- Saturday May 20, 2023 & Sunday May 21, 2023**

Birth years: 2017-2018	9:00-10:30 am
Birth years: 2014-2016	11:15-1:15 pm
Birth years: 2008-2013	2:30-4:30 pm

Team announcements:

A congratulatory email will be sent to all registering parents/guardians, will be sent out the week of 5/29-6/2. The email will include the team your child made, season calendar, & coaches information. Practices will begin the week of June 5th, 2023.

Expectations

1. Parents should encourage their athletes to always treat fellow teammates, & coaches with respect.
2. Parents should defer to the coaches' discretion regarding team decisions.
3. Parents should not withhold a child from practice, or competition (if applicable). This should never be used as a form of punishment. This punishes not only your child but every other team member.
5. Parents should ensure that athletes arrive on time to practice..
6. All practices and competitions are mandatory. Tumbling class is included in your tuition, but is optional to attend.
7. Athletes will be allowed three (3) unexcused practices throughout the June - Sept schedule.
8. Athletes will be allowed two (2) unexcused practice throughout the Sept-April season. Excessive absences/tardies will be taken into consideration in competition choreography.

Examples of excused absences:

- Athlete is sick
- Serious illness or death in the family
- Mandatory school event.

When an athlete knows that he/she is going to be absent or late, he/she has the responsibility to notify their coach in advance, otherwise it will be treated as an unexcused absence. Also, Coaches understand that occasional conflicts arise, and we prioritize academics first.

Teams and Fees

1. Senior Teams

Ages 13-18 yrs old

Summer practice schedule(June-Sept): 2 days a week

Fall/winter practice schedule(Sept-April): 3 days a week

Cost: \$205/month for 12 months

Included in Cost:

Tuition, weekly practices & tumbling, routine music, choreography, competition fees (5), & competition bow.

Not Included:

Competition uniform (\$200 yours to keep), Cheer shoes: We ask you purchase any all white sneaker you prefer (unless already have) ***All other PRIMETIME CHEER apparel is optional***

2. Junior Teams

Ages 9-15 yrs old

Summer practice schedule(June-Sept): 2 days a week

Fall/winter practice schedule(Sept-April): 3 days a week

Cost: \$205/month for 12 months

Included in Cost:

Tuition, weekly practices & tumbling, routine music, choreography, competition fees (5), competition bow

Not Included:

Competition uniform (\$200 yours to keep) Cheer shoes: We ask you purchase any all white sneaker you prefer (unless already have) ***All other PRIMETIME CHEER apparel is optional***

3.Youth Teams

Ages 8-12 yrs old

Summer practice schedule(June-Sept): 2 days a week

Fall/winter practice schedule(Sept-April): 3 days a week

Cost: \$205/month for 12 months

Included in Cost:

Tuition, weekly practices & tumbling, routine music, choreography, competition fees (5), competition bow

Not Included:

Competition uniform (\$200 yours to keep) Cheer shoes: We ask you purchase any all white sneaker you prefer (unless already have) ***All other PRIMETIME CHEER apparel is optional***

4. Tiny Teams

Ages 5-7 yrs old

Summer practice schedule(June-Sept): 2 day a week

Fall/winter practice schedule(Sept-April): 3 days a week

Cost: \$175/month for 12 months

Included in Cost:

Tuition, weekly practices & tumbling, routine music, choreography, competition fees

(4), competition bow

Not Included:

Competition uniform (\$200 yours to keep) Cheer shoes: We ask you purchase any all white sneaker you prefer (unless already have) ***All other PRIMETIME CHEER apparel is optional***

Payments

Payments can be paid via credit card, cash or check. Primetime Cheer will send out email invoices days in advance as a courtesy. Monthly Payments are due on the first of each month. If payment is not received within 5 days of the due date, a \$25 late fee will be added to the monthly fee and athletes will not be able to participate until the balance is no longer outstanding.

Monthly fees cannot be prorated for any reason and all fees are non-refundable.

Any athlete that decides not to finish out the season for any reason, is still required to make the monthly payments.

Competitions & Travel

Travel Accommodations:

1 competition will be a travel/overnight. The other 4 competitions will not require overnight travel expenses. Competitions are the responsibility of each family. Athletes do not take a bus to events. It will be the responsibility of the family to bring athletes to and from.

Competition Schedule:

TBD- Competing months from January-April.

FAQ's

1. What is performance rec?

Performance rec is a happy medium between recreational cheer and all star cheer. Though there are slight differences, performance rec cheer mirrors all star skills and levels very closely. In performance rec divisions, athletes are placed on teams by age, and skill level, up to level 4.

2. Can I cheer for performance rec, as well as a school team?

Yes! Practices and competitions are planned around the school competitions.

3. Where do we practice?

PRIMETIME CHEER, 75 Bermar Park, Rochester, NY 14624

4. What is the practice schedule?

NOTE: Additional practices MAY be added during competition season - Notice will be given of these updates!

Tiny Teams:

Summer practice schedule(June-Sept):

Mondays 5:30-6:30 pm

Tumbling class Saturdays 9-10 am

Fall/Winter practice schedule(Sept-April):

Mondays 5:30-6:30 pm

Fridays 5:30-6:30 pm

Tumbling class Saturdays 9-10 am

Youth Level 1 Team:

Summer practice schedule(June-Sept):

Tuesdays 5:15-6:15 pm

Thursdays 5:30-7:00 pm

Tumbling class Saturdays 10-11am

Fall/Winter practice schedule(Sept-April):

Sundays 9:30-11 am

Thursdays 5:30-7:00 pm

Tumbling class Saturdays 10-11am

Youth Level 2 Team:

Summer practice schedule(June-Sept):

Tuesdays 6:15-7:15 pm

Wednesdays 5:30-7:00 pm

Tumbling class Saturdays 10-11am

Fall/Winter practice schedule(Sept-April):

Sundays 12:30-2:00 pm

Wednesdays 5:30-7:00 pm

Tumbling class Saturdays 10-11am

Junior Level 1 Team:

Summer practice schedule(June-Sept):

Mondays 6:45-8:15 pm

Thursdays 7:00-8:15pm

Tumbling class Saturdays 11-12pm

Fall/Winter practice schedule(Sept-April):

Sundays 2:00-4:30 pm

Mondays 6:45-8:15 pm

Tumbling class Saturdays 11-12pm

Junior Level 2/3 Team:

Summer practice schedule(June-Sept):

Tuesdays 7:15-8:15 pm

Wednesdays 7:00-8:15 pm

Tumbling class Saturdays 11-12 pm.

Fall/Winter practice schedule(Sept-April):

Sundays 11:00-12:30 pm

Wednesdays 7:00-8:15 pm

Tumbling class Saturdays 11-12pm

5. What if I cannot make the team placements?

That's okay. All athletes need to be registered with all registration paperwork and registration payment by May 1st, 2022. If you are not able to make the registration day of May 1st, please email us at info@primetimecheer.com to set up a makeup evaluation.